



TV LISTINGS

Wednesday, January 6, 2010

GOOD MORNING AMERICA, ABC

Th 1/7: Diet expert Lisa Lillien ("The Hungry Girl"); author Po Bronson.

Fr 1/8: Neuroscientist David Servan-Schreiber, the author of "Anticancer: A New Way of Life." Also: a recipe by chef Emeril Lagasse; the Good Housekeeping VIP Awards.

EARLY SHOW, CBS

Th 1/7: A segment on the PGA Tour.

Fr 1/8: Tips for organizing.

TODAY, NBC

Th 1/7: Whoopi Goldberg. Also: "Today's Home"; nine things women should know.

Fr 1/8: Author Gretchen Rubin. Also: Elvis' 75th birthday; surviving an affair; women and friendship; junk-food swaps for kids.

Mo 1/11: Valerie Bertinelli; Suze Orman. Also: "Today's Kitchen."

Tu 1/12: Author Rosalind Wiseman. Also: best-value colleges; speedy health boosts; top skinny foods.

We 1/13: Denzel Washington; author Taylor LeBaron ("Cutting Myself in Half"); fitness expert Patricia Moreno. Also: room makeovers.

Th 1/14: Dr. Roberta Lee. Also: medical mysteries; fruit-vending machines.

Fr 1/15: Bobbi Brown; dermatologist Debra Wattenberg. Also: "The Cleanse" with Madelyn Fernstrom; 15-minute home repairs.

LIVE WITH REGIS AND KELLY, syndicated

We 1/6: Tim Allen, Katharine McPhee, New Year New You!

Th 1/7: Amy Adams, Gabourey Sidibe, New Year New You!

Fr 1/8: Zach Braff, guest co-host Nick Jonas, New Year New You!

Mo 1/11: Valerie Bertinelli, Nathan Fillion

Tu 1/12: Jennifer Connelly, Ben McKenzie

We 1/13: Freddie Prinze Jr., Tim Gunn

Th 1/14: Kiefer Sutherland, Norah Jones

Fr 1/15: Denzel Washington, Matt Bomer, guest co-host Anderson Cooper

THE VIEW, ABC

We 1/6: Tea Leoni (R 12/18/09)

Th 1/7: Sigourney Weaver, Sam Worthington, Snoop Dogg (R 12/15/09)

Fr 1/8: John Krasinski, Guy Fieri (R 11/6/09)

Mo 1/11: Patricia Heaton
Tu 1/12: James Spader, Rocky Carroll
We 1/13: Rachel Weisz, Sara Evans
Th 1/14: Joan Rivers
Fr 1/15: Vera Wang, Emilio Estefan

RACHAEL RAY, syndicated

We 1/6: Bill Rancic's Money Tips; Double-Duty Organizing Tips; Look Younger in 2010!; 2010 Guide to a Happier You
Th 1/7: "Human Lab" Breast Enhancement; The Cleanse Craze
Fr 1/8: Rocco's Top Foods for 2010; Emily VanCamp; 10 Must-Haves for 2010

THE ELLEN DEGENERES SHOW, syndicated

We 1/6: Queen Latifah, Richard Simmons
Th 1/7: Wanda Sykes, 5-year-old actress Kylie Kim
Fr 1/8: Jackie Chan, Anna Kendrick

Mo 1/11: Mary J. Blige, Matthew Broderick, Jillian Michaels
Tu 1/12: Kara DioGuardi, Tal Ronnen
We 1/13: Josh Holloway, Dr. Drew Pinsky
Th 1/14: Ellen Pompeo, Jim Parsons
Fr 1/15: Ricky Gervais

TAVIS SMILEY, PBS

We 1/6: Maggie Gyllenhaal, Jeff Bridges, Quentin Tarantino (R)
Th 1/7: Paul Mooney (R)
Fr 1/8: James Cameron (R)

OPRAH, ABC

We 1/6: Hoarders: A Family's Secret Life Exposed (R 10/8/09)
Th 1/7: Oprah on Location: The Happiest People on Earth (R 10/21/09)
Fr 1/8: Ultimate Betrayal: How She Discovered Her Dead Husband's Mistresses

MARTHA STEWART

We 1/6: Quick Stir-Fry Recipes: Make a nutritious and delicious meal in no time with tasty stir-fry recipes for pork lettuce wraps and honey-ginger chicken with peppers and white rice from "Everyday Food Every Wednesday" and Lucinda Scala Quinn. Plus, Martha's crafting with Broadway star Victor Garber ("Present Laughter").

Th 1/7: Actress Ellen Burstyn: Turn over a new dietary leaf this year with a light and fresh recipe for steamed green cabbage and halibut with the talented Ellen Burstyn. Then, a guide to properly caring for leather from polo player and Ralph Lauren model Nacho Figueras, and a lesson in hypertufa pots -- a natural alternative to expensive purchased containers -- with in-house gardening expert Andrea Mason.

Fr 1/8: The Yoga Show: Discover the many benefits of yoga in a special show dedicated to this holistic practice: Find the style of yoga perfect for you with an overview of ashtanga, iyengar, and vinyasa; try a dynamic, empowering "warrior" workout with yoga expert Trudie Styler; and craft a one-of-a-kind yoga accessory with Martha.

THE BONNIE HUNT SHOW, syndicated

We 1/6: Jean Smart, Jim Breuer, Winter the Dolphin with trainer Abby Stone
Th 1/7: Ray Liotta, Jillian Michaels, David Walliams
Fr 1/8: Jane Kaczmarek, Hutch Dano & Adam Hicks, Kathleen Madigan

TYRA BANKS, syndicated

We 1/6: "It's Your Fault I'm Fat!"
Th 1/7: Women Who Beat Their Men
Fr 1/8: Kathy Griffin Gets Real with Tyra

THE WENDY WILLIAMS SHOW, syndicated

We 1/6: Kim Coles, Alexa Ray Joel
Th 1/7: Roseanne Barr
Fr 1/8: Snoop Dogg, Regina King

CHELSEA LATELY, E!

We 1/6: Holly Madison, Donnel Rawlings, Heather McDonald, Gary Valentine
Th 1/7: Joel David Moore, Josh Wolf, Sarah Colonna, Ross Mathews
Fr 1/8: Matt Lanter, Brad Wollack, Donnell Rawlings, Jen Kirkman

Mo 1/11: Giuliana & Bill Rancic, Brad Wollack, Natasha Leggero, Matt Braunger
Tu 1/12: Aisha Tyler, Jo Koy, Loni Love, Josh Wolf
We 1/13: Jen Kirkman, Dan Levy, John Caparulo
Th 1/14: Whitney Cummings, Ross Mathews, Chris Franjola
Fr 1/15: Robin Thicke, Jo Koy, Christina Pazsitzky, Guy Branum (R 1/4/10)

THE DAILY SHOW WITH JON STEWART, Comedy Central

We 1/6: Adm. Michael Mullen
Th 1/7: Maggie Gyllenhaal

THE COLBERT REPORT, Comedy Central

We 1/6: Capt. Charles Moore
Th 1/7: James Fowler

LATE SHOW WITH DAVID LETTERMAN, CBS

We 1/6: Sigourney Weaver, Marv Albert, Julian Casablancas
Th 1/7: Bradley Cooper, Rachel Maddow, Nick Jonas & the Administration
Fr 1/8: Teri Hatcher, Jake Johannsen, the Dodos

Mo 1/11: Jennifer Connelly, Paul Teutul Sr., Ryan Bingham
Tu 1/12: Findlay Brown
We 1/13: Kiefer Sutherland, the Hot Rats
Th 1/14: Denzel Washington, the Low Anthem
Fr 1/15: Glenn Close, Eddie Brill, Matt Morris

Mo 1/18: Kristen Bell, Randy Jackson

THE JAY LENO SHOW, NBC

We 1/6: Hugh Jackman, 10@10 with Katie Couric
Th 1/7: Denzel Washington, JMZ - Mikey Day

Fr 1/8: Brian Williams, World Series of Beer Pong

THE TONIGHT SHOW WITH CONAN O'BRIEN, NBC

We 1/6: Matthew Broderick, Robin Tunney, Ke\$ha

Th 1/7: Jackie Chan, Emily Blunt, Jencarlos

Fr 1/8: Rob Lowe, Aziz Ansari, OK Go

Mo 1/11: Vampire Weekend

Tu 1/12: Tom Brokaw, Rosanne Cash

We 1/13: Ricky Gervais, Bryce Dallas Howard, Whitney Cummings

Th 1/14: TBA

Fr 1/15: Jeff Bridges, Mary Lynn Rajs kub, Lifehouse

JIMMY KIMMEL LIVE, ABC

We 1/6: Neil Patrick Harris, Jeremy Renner, Really Doe

Th 1/7: Ellen Pompeo, Michael Strahan, Puddle of Mudd

Fr 1/8: Tobey Maguire, James McAvoy, Colbie Caillat

Mo 1/11: Ray Romano, Kim Kardashian, Mighty Mighty Bosstones (R 12/11/09)

Tu 1/12: Chevy Chase, Elisha Cuthbert, Melanie Fiona

We 1/13: Josh Holloway, Aziz Ansari, Larry Gatlin

Th 1/14: Kobe Bryant, "Trailer Park Boys" Rob Wells, Mike Smith and John Paul Tremblay, Katharine McPhee

Fr 1/15: Joan Rivers, Dax Shepard

Mo 1/18: TBA

Tu 1/19: Dennis Quaid, Orianthi

We 1/20: Paul Bettany, "Bachelor" Jake Pavelka, Pearl

Th 1/21: Dwayne Johnson, Shenae Grimes, Dwayne Kennedy

Fr 1/22: Artie Lange, Jared Harris

LATE LATE SHOW WITH CRAIG FERGUSON, CBS

We 1/6: Ray Romano, Nellie McKay

Th 1/7: Steven Wright, Michelle Monaghan

Fr 1/8: Jason Segel, Shiri Appleby

Mo 1/11: Mila Kunis, Bob Schieffer

LATE NIGHT WITH JIMMY FALLON, NBC

We 1/6: Ethan Hawke, Gabourey Sidibe, Clipse

Th 1/7: Amy Adams, John Oliver, JB Mauney & Kody Lostroh, Jim Meehan

Fr 1/8: Matthew Broderick, Ashley Greene, Nick Jonas & the Administration

LAST CALL WITH CARSON DALY, NBC

We 1/6: Joss Stone, Bat For Lashes (R 10/8/09)

Th 1/7: Chuck Klosterman, Rhys Millen, Drennon Davis (R 11/17/09)

Fr 1/8: David Plouffe, Jeret "Speedy" Peterson, Metric (R 11/18/09)

Mo 1/11: David Gray (R 11/25/09)

Tu 1/12: Bill Simmons, Dmitriy Salita, the Raveonettes (R 11/19/09)

We 1/13: Morena Baccarin, Lisa Hannigan (R 11/20/09)

Th 1/14: Donald Glover, Ellery Hollingsworth, Pete Yorn (R 12/8/09)
Fr 1/15: Olivia Munn, Jordy Smith, Paolo Nutini (R 12/9/09)

LOPEZ TONIGHT, TBS

We 1/6: Jamie Foxx, Marc Anthony (R 11/10/09)
Th 1/7: Sandra Bullock, Derek Luke, Shakira (R 11/24/09)

Central Talent Booking