



# TV LISTINGS

**Monday, January 11, 2010**

## **GOOD MORNING AMERICA, ABC**

Tu 1/12: Diet advice from New York Times columnist Anahad O'Connor and chef Dave Lieberman, authors of "The 10 Things You Need to Eat"; job-hunting tips from workplace contributor Tory Johnson; the first of Dr. Richard Besser's "Your Family's Health" reports.

We 1/13: Nina Garcia, Tim Gunn and Michael Kors ("Project Runway"); chef Rocco DiSpirito. Also: technology contributor Becky Worley on gadgets designed to fight flu.

Th 1/14: Drs. Stephanie McClellan and Beth Hamilton, authors of "So Stressed: The Ultimate Stress-Relief Plan for Women"; chef Art Smith. Also: David Wright of the New York Mets takes part in the show's "Warm Coats & Warm Hearts" campaign.

Fr 1/15: Education writer Richard Whitmire ("Why Boys Fail: Saving Our Sons from an Educational System That's Leaving Them Behind"); chef Emeril Lagasse. Also: the show's "Warm Coats & Warm Hearts" campaign concludes.

## **EARLY SHOW, CBS**

Tu 1/12: Cold-weather clothing; unusual fireplaces; making the most of airport layovers.

We 1/13: Keri Russell ("Extraordinary Measures").

Th 1/14: Pet-sickness warning signs.

Fr 1/15: A reunion of the passengers and crew of US Airways Flight 1549, including pilot Chesley Sullenberger III.

## **TODAY, NBC**

Tu 1/12: Author Rosalind Wiseman. Also: best-value colleges; tips for making pasta sauces; speedy health boosts; top skinny foods.

We 1/13: Denzel Washington; author Taylor LeBaron ("Cutting Myself in Half"). Also: pets with disabilities; room makeovers; "Money 911."

Th 1/14: David "Chubbs" Stillman; Dr. Roberta Lee. Also: medical mysteries; fruit-vending machines; cruise tips.

Fr 1/15: Bobbi Brown; dermatologist Debra Wattenberg. Also: "The Cleanse" with Madelyn Fernstrom; 15-minute home repairs.

## **LIVE WITH REGIS AND KELLY, syndicated**

Mo 1/11: Valerie Bertinelli, Nathan Fillion

Tu 1/12: Jennifer Connelly, Ben McKenzie

We 1/13: Freddie Prinze Jr., Tim Gunn

Th 1/14: Kiefer Sutherland, Norah Jones

Fr 1/15: Denzel Washington, Matt Bomer, guest co-host Anderson Cooper

Mo 1/18: Jeff Bridges, Ian Somerhalder, Peter Gros and animals

Tu 1/19: Randy Jackson, Ashley Judd

We 1/20: Dwayne Johnson, Becki Newton  
Th 1/21: Brendan Fraser  
Fr 1/22: Harrison Ford, Lucy Lawless

### **THE VIEW, ABC**

Mo 1/11: Patricia Heaton  
Tu 1/12: James Spader, Rocky Carroll  
We 1/13: Joan Rivers  
Th 1/14: Rachel Weisz  
Fr 1/15: Vera Wang, Emilio Estefan

Mo 1/18: Halle Berry, Michael Steele  
Tu 1/19: TBA  
We 1/20: Martin Short, Erin Karpluk  
Th 1/21: Julie Andrews

### **RACHAEL RAY, syndicated**

Mo 1/11: Joy Behar; Big Girl In a Skinny World of High Fashion; Joy Behar: 3 Things You Don't Know About Me  
Tu 1/12: CSI: NY's Melina Kanakaredes; Supernanny Jo Frost; A Year of Rachael's Recipes  
We 1/13: "I Lost 95 Pounds Making Rachael's Recipes!"; Red Carpet Secrets of the Stars; Michelle Trachtenberg  
Th 1/14: "Hungry Girl" Uncovers Dangerous Foods; "Can I Wear ... Boots?"; What French Women Know About Love  
Fr 1/15: Keri Russell; Human Lab: Stay Warm; 3 Hair Brushes Everyone Should Own

### **THE ELLEN DEGENERES SHOW, syndicated**

Mo 1/11: Mary J. Blige, Matthew Broderick, Jillian Michaels  
Tu 1/12: Bette Midler, Eric Stonestreet, Chef Tal Ronnen  
We 1/13: Josh Holloway, Matthew Goode, Gloriana  
Th 1/14: Ellen Pompeo, Jim Parsons, Shawn Farquhar  
Fr 1/15: Mark Wahlberg, Ricky Gervais

Mo 1/18: Heidi Klum, "Bachelor" Jake Pavelka, 10-year-old twin singers Darius & Demetrice Gillespie  
Tu 1/19: Jeff Bridges  
We 1/20: Dennis Quaid  
Th 1/21: TBA  
Fr 1/22: Sean Hayes

### **TAVIS SMILEY, PBS**

Mo 1/11: Alan Alda, Tobey Maguire  
Tu 1/12: Sandra Bullock  
We 1/13: Joe Torre  
Th 1/14: Rosanne Cash  
Fr 1/15: Bob Newhart

### **OPRAH, ABC**

Mo 1/11: A Family Stripped Down: Peter Walsh Moves In  
Tu 1/12: From 52 and Feeling Frumpy to Fabulous! "Look Great at Every Age" Makeovers  
We 1/13: Marriage Around the World

Th 1/14: Nate Teams Up with the Millionaire Matchmaker  
Fr 1/15: Oprah Fridays Live

### **MARTHA STEWART**

Mo 1/11: The Cat Show: Discover why cats make wonderful pets with a special show dedicated to our furry friends: Find a purr-fect addition for your family with breeders Collette Burnett and Deb Lamb, get tips for keeping your feline in good health from veterinarian Dr. Phillip Raclyn, and stimulate indoor cats with innovative toy ideas from petkeeper Marc Morrone.

Tu 1/12: Healthy Aging: Learn how to grow old gracefully and healthfully in an hour all about living life to the fullest. Get tips for living longer from Martha Stewart Center for Living doctors Audrey Chun and Albert Siu, and meet some amazingly active parents and grandparents. Plus, look as young as you feel with Martha's latest Find.

We 1/13: Winter Recipes and Wellness Tips: Enjoy delicious fruit desserts in winter with a light, refreshing recipe for an orange and yogurt tart from Sarah Carey. Then, the Whole Body Action Plan continues with tips for increased energy and healthy weight loss from Dr. Jana Klauer ("The Park Avenue Nutritionist's Plan"), and a helpful guide to organic, local, and seasonal produce from Martha.

Th 1/14: The Blog Show with Brian Williams: Explore the blogosphere with Martha and blogger guests! NBC Nightly News anchor Brian Williams gives you a peek at how "The Daily Nightly" blog is written, "Martha Moments" creator Andrew Ritchie shows you how to use leftover yarn to embellish cards for any occasion, and "Cooking School" chronicler Jeff Blumenkrantz ("Jeff and Martha") is in the kitchen with Martha.

### **THE BONNIE HUNT SHOW, syndicated**

Mo 1/11: Gary Sinise, Bob Harper, Ian Gomez  
Tu 1/12: Bob and Lee Woodruff, Kim Raver, Michael Weatherly  
We 1/13: Andy Dick, Carrie Ann Inaba, Dina Zaphiris  
Th 1/14: Amber Valletta, Matthew Goode, Jodyne L. Speyer  
Fr 1/15: Julia Ormond, Fred Willard, Chef Curtis Stone

### **TYRA BANKS, syndicated**

Mo 1/11: Sixteen and Stripping  
Tu 1/12: It's Judgment Day!  
We 1/13: Unmarried with Children: Dating When You Have Kids  
Th 1/14: Rudest, Crudest, Lewdest: On Trial for Their Social Crimes  
Fr 1/15: New Eating Disorders Explored: Drunkorexia and Pregorexia

### **THE WENDY WILLIAMS SHOW, syndicated**

Mo 1/11: Richard Simmons  
Tu 1/12: Suze Orman  
We 1/13: Julia Ormond, Alani "La La" Vazquez  
Th 1/14: Ke\$ha, Adam Rodriguez, Sandra "Pepa" Denton  
Fr 1/15: Trey Songz

### **CHELSEA LATELY, E!**

Mo 1/11: Giuliana & Bill Rancic, Brad Wollack, Natasha Leggero, Matt Braunger  
Tu 1/12: Aisha Tyler, Jo Koy, Loni Love, Josh Wolf  
We 1/13: Amy Brenneman, Jen Kirkman, Dan Levy, John Caparulo  
Th 1/14: Whitney Cummings, Ross Mathews, Chris Franjola  
Fr 1/15: Robin Thicke, Jo Koy, Christina Pazsitzky, Guy Branum (R 1/4/10)

**THE DAILY SHOW WITH JON STEWART, Comedy Central**

Mo 1/11: John Yoo  
Tu 1/12: Paul Ingrassia  
We 1/13: Ringo Starr & the Ben Harper Band  
Th 1/14: Tom Brokaw

**THE COLBERT REPORT, Comedy Central**

Mo 1/11: Morgan Freeman  
Tu 1/12: Raj Patel  
We 1/13: Bob Costas  
Th 1/14: Kathleen Sebelius

**LATE SHOW WITH DAVID LETTERMAN, CBS**

Mo 1/11: Jennifer Connelly, Paul Teutul Sr., Ryan Bingham  
Tu 1/12: Whoopi Goldberg, Findlay Brown  
We 1/13: Kiefer Sutherland, the Hotrats  
Th 1/14: Denzel Washington, the Low Anthem  
Fr 1/15: Glenn Close, Eddie Brill, Matt Morris

Mo 1/18: Kristen Bell, Randy Jackson  
Tu 1/19: Dwayne Johnson, the Swell Season  
We 1/20: Claire Danes, Will Arnett

**THE JAY LENO SHOW, NBC**

Mo 1/11: Bill Cosby, 10@10 with Mike Sorrentino  
Tu 1/12: Sandra Bullock, Who Cares What They Think?!  
We 1/13: Dwayne Johnson, 10@10 with Kourtney Kardashian  
Th 1/14: Justin Long, Owen Benjamin  
Fr 1/15: Julianne Moore, Terry Bradshaw

**THE TONIGHT SHOW WITH CONAN O'BRIEN, NBC**

Mo 1/11: Gary Oldman, Dax Shepard, Vampire Weekend  
Tu 1/12: Tom Brokaw, Rosanne Cash  
We 1/13: Ricky Gervais, Bryce Dallas Howard, Whitney Cummings  
Th 1/14: Rob Lowe, Jane Krakowski  
Fr 1/15: Jeff Bridges, Mary Lynn Rajs kub, Lifehouse

Mo 1/18: Colin Firth  
Tu 1/19: Paul Bettany, Spoon  
We 1/20: Joss Stone

**JIMMY KIMMEL LIVE, ABC**

Mo 1/11: Ray Romano, Kim Kardashian, Mighty Mighty Bosstones (R 12/11/09)  
Tu 1/12: Chevy Chase, Elisha Cuthbert, Melanie Fiona  
We 1/13: Aziz Ansari, Larry Gatlin  
Th 1/14: Kobe Bryant, Katharine McPhee  
Fr 1/15: Joan Rivers, Dax Shepard, Chef Paul Bartolotta

Mo 1/18: TBA  
Tu 1/19: Dennis Quaid, Orianthi

We 1/20: Paul Bettany, "Bachelor" Jake Pavelka, Pearl  
Th 1/21: Dwayne Johnson, Dwayne Kennedy  
Fr 1/22: Jared Harris

**LATE LATE SHOW WITH CRAIG FERGUSON, CBS**

Mo 1/11: Mila Kunis, Nellie McKay  
Tu 1/12: Carey Mulligan, Paula Poundstone  
We 1/13: Richard Lewis, Amber Valletta  
Th 1/14: Luke Bryan  
Fr 1/15: Tom Lennon, Tina Brown

Mo 1/18: Marion Cotillard, Steve Jones  
Tu 1/19: Alan Alda, Anna Kendrick  
We 1/20: Adam Goldberg, Abbie Cornish  
Th 1/21: Keri Russell, Jake Johannsen

**LATE NIGHT WITH JIMMY FALLON, NBC**

Mo 1/11: Maggie Gyllenhaal, David Ortiz, Lenny Clarke  
Tu 1/12: Ringo Starr  
We 1/13: Ke\$ha  
Th 1/14: Sigourney Weaver, Jeremy Renner  
Fr 1/15: Kiefer Sutherland, the Hotrats

**LAST CALL WITH CARSON DALY, NBC**

Mo 1/11: David Gray (R 11/25/09)  
Tu 1/12: Bill Simmons, Dmitriy Salita, the Raveonettes (R 11/19/09)  
We 1/13: Morena Baccarin, Lisa Hannigan (R 11/20/09)  
Th 1/14: Donald Glover, Ellery Hollingsworth, Pete Yorn (R 12/8/09)  
Fr 1/15: Olivia Munn, Jordy Smith, Paolo Nutini (R 12/9/09)

Mo 1/18: Weezer (R 11/26/09)  
Tu 1/19: Adam Scott, Leticia Bufoni, the XX (R 12/10/09)  
We 1/20: David Duchovny, Tor Hamer, Anya Marina (R 12/11/09)  
Th 1/21: Dita Von Teese, Tanith Belbin, Ben Agosto, Ben Gleib (R 12/15/09)  
Fr 1/22: Joel David Moore, David Guetta, Gossip (R 12/16/09)

**LOPEZ TONIGHT, TBS**

Mo 1/11: Jackie Chan, Ke\$ha  
Tu 1/12: Jennifer Love Hewitt, Pitbull  
We 1/13: Charles Barkley, Carrie Ann Inaba  
Th 1/14: Snoop Dogg, Saoirse Ronan

Mo 1/18: Mark Valley  
Tu 1/19: Brendan Fraser, Lamar Odom, Khloe Kardashian  
We 1/20: Tyrese Gibson, Betty White  
Th 1/21: TBA